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Intelligent Technical Systems Feb 08 2021 Intelligent technical systems are networked, embedded systems incorporating real-time capacities that are able to interact with and adapt to their environments. These systems need innovative approaches in order to meet requirements like cost, size, power and memory consumption, as well as real-time compliance and security. Intelligent Technical Systems covers different levels like multimedia systems, embedded programming, middleware platforms, sensor networks and autonomous systems and applications for intelligent engineering. Each level is discussed by a set of original articles summarizing the state of the art and presenting a concrete application; they include a deep discussion of their model and explain all design decisions relevant to obtain a mature solution.

*Mobile and Ubiquitous Information Access* Oct 04 2020 This book constitutes the thoroughly refereed post-proceedings of the International Workshop on Mobile and Ubiquitous Information Access held in Udine, Italy in September 2003 during Mobile HCI 2003. Besides selected and revised workshop papers, several papers were specially invited to complete coverage of all relevant issues and extend the volume to a more representative survey of the state of the art in the area. The 21 articles in the book are organized in topical sections on - foundations: concepts, models, and paradigms; - interactions; - applications and experimental evaluations; - context and location.

*A Practical Guide to Video and Audio Compression* Jun 24 2022 Learn all about Codecs--how they work, as well as design and implementation with this comprehensive, easy-to-use guide to compression. After reading this book, you will be able to prepare and distribute professional audio and video on any platform including streamed to the web, broadcast on-air, stored in PVRs, Burned onto CD-ROMs or DVDs, delivered by broadband, or viewed in Kiosk applications, PDA devices, and mobile phones.

**Critical Rehabilitation for Partial and Total Knee Arthroplasty** Jul 25 2022 Total knee arthroplasty (TKA) is a frequently performed operation - in the U.S. alone, 5.2 million TKAs were performed from 2000-2010 - and partial (unicompartmental) knee arthroplasty (UKA) is another common operation that is done in younger, active individuals. Many patients require knee arthroplasty from osteoarthritis that develops after sports injuries or decades of participation in athletics. While much has been written regarding technical surgical details of arthroplasty, there is comparably little available on critical rehabilitation principles and guidelines that allow return to normal physical function, as well as recreational and sports activities. Filling this gap in the literature, this group of internationally recognized surgeons and therapists discusses all aspects of critical rehabilitation following both partial and total knee replacement, including: Advances in surgical techniques for robotic computer-navigated knee arthroplasty Effects of preoperative rehabilitation and nutrition on postoperative function Specific rehabilitation principles to avoid complications and return to daily activities Advanced physical therapy concepts to return to recreational and sports activities Objective testing to determine strength and physical function in the arthroplasty athlete Recommended guidelines for recreational and sports activities Key factors for achieving high patient satisfaction and quality of life after surgery Presenting the most up-to-date evidence and guidelines, Critical Rehabilitation for Partial and

Total Knee Arthroplasty will be an invaluable resource for orthopedic surgeons, physical therapists, athletic trainers, personal trainers and all professionals caring for patients seeking to return to full activity after knee replacement.

**Proceedings of Second Doctoral Symposium on Computational Intelligence** May 31 2020

This book features high-quality research papers presented at Second Doctoral Symposium on Computational Intelligence (DoSCI-2021), organized by Institute of Engineering and Technology (IET), AKTU, Lucknow, India, on 6 March 2021. This book discusses the topics such as computational intelligence, artificial intelligence, deep learning, evolutionary algorithms, swarm intelligence, fuzzy sets and vague sets, rough set theoretic approaches, quantum-inspired computational intelligence, hybrid computational intelligence, machine learning, computer vision, soft computing, distributed computing, parallel and grid computing, cloud computing, high-performance computing, biomedical computing, decision support and decision making.  
*Canadiana* Mar 21 2022

**Handbook of Mobile Teaching and Learning** Nov 24 2019 Mobile technologies have been used in higher education for many years. They provide good solutions for teaching and learning and make learning available anywhere and anytime. This book includes six sections: design, development, adoption, collaboration, evaluation and future of mobile teaching and learning technology in higher education. It includes different projects and practices in higher education across different countries. The book provides in-depth background information and cases studies in high technology teaching and learning and future expectations for new technology in higher education. The variety of projects and programs running in different country helps boost innovation and discussion in future projects and practices. It also provide guidelines for future design and development of mobile applications for higher education.

**Guide to Biometric Reference Systems and Performance Evaluation** Jan 19 2022 Biometrics has moved from using fingerprints to using many methods of assessing human physical and behavioral traits. This guide introduces a new performance evaluation framework designed to offer full coverage of performance evaluation of biometric systems.

**Intra-Abdominal Hypertension** Dec 06 2020 Practical clinical handbook reviewing all aspects of the diagnosis and management of intra-abdominal hypertension; essential reading for all critical care staff.

**Getting Australia Active** Sep 27 2022 "Getting Australia Active is a comprehensive update on the state-of-the-art of physical activity promotion.

**Bratva Vow** Aug 22 2019 Monsters aren't born, they are created. Katya. After spending years in hospitals, I can finally have a life. Then my mom abandons me to the care of the most breathtaking man I've ever seen. He's like the embodiment of Death, a Greek tragedy waiting to unfold. Can I break through the darkness that has a hold on him? Kristoff. My soul is black as tar. I'm a cold-hearted killer, the leader of my own Bratva. What mother in her right mind would leave a teenage daughter on my doorstep? A desperate one who's willing to make a deal with the devil. Note: This is the free prequel novella to the Bratva Royalty duet. Trigger warning: this book contains some traumas and scenes of violence. For fans of Natasha Knight, Julia Sykes, CD Reiss, Aleatha Romig, Skye Warren, Anna Zaires, Renee Rose, Carrie Ann Ryan, Penelope Ward, Lauren Blakely, Hannah Hill, Meghan March, Katee Robert. Topics: adult romance, alpha male, romantic suspense, romance series, bad boy romance, emotional read, contemporary romance, free romance books, mafia romance, novels for free romance, series books free, revenge romance, age gap romance, steamy romance books free.

**Haynes Manual on Welding** Jun 12 2021 Provides an overall introduction to the welding process, illustrating most of the common equipment and work techniques for both the home and shop welding.

Sedentary Behaviour Epidemiology Jan 07 2021 This book addresses the origins, determinants and magnitude of the global problem of sedentary behaviour, along with concise yet in-depth solutions for tackling it. As a consequence of major technological advances in modern society, many people find themselves in environments characterized by prolonged sedentary behaviour. Although inadequate exercise has long been known to cause adverse health consequences, sedentary behaviour has recently emerged as a risk factor for the development of numerous chronic diseases and health conditions. Building on the contributions of leading experts in the field, this book presents current knowledge about sedentary behaviour, its medical and public health significance, its correlates and determinants, measurement techniques, and recommendations for addressing this behaviour at the individual, community, environmental, and policy level. Applying a cross-disciplinary methodology, the book avoids considering physical activity and sedentary behavior as a single continuum, which potentially hampers progress in confronting widespread levels of sedentariness. Rather, the book helps readers better understand how sedentary and physically active behavior co-occur and how the two behaviours have distinct contributing factors. Building on the contributions of distinguished international experts in the field, this thorough resource is a valuable asset and challenges professionals, researchers, students, and practitioners alike to adopt new strategies and expand their reach.

**Insights in Nutritional Epidemiology** Feb 20 2022

Technology for Humanitarian Action Feb 26 2020 Humanitarian workers around the world struggle under dangerous conditions. Yet many do not have the technological tools readily available elsewhere to help them realize their mission to provide essential services and save lives. This book, the fruit of a historic conference, is a practical guide to current technologies that can help relief and humanitarian aid workers succeed. Designed to facilitate needed technology transfer to the humanitarian sector, the essays focus on areas where technology is underused and predict where new technological advances may be applied to relief efforts. The essays cover essential areas: communications technology and infrastructure support and security. They describe how such technologies as personal identification and tagging systems, software radios, wireless networks, and computer-aided language translation can promote safety and manage large groups of people. Other essays outline new technological solutions to such challenges as mine removal, water purification, and energy generation. The contributors are: Kevin M. Cahill, Frank Fernandez, C. Kumar Patel, Paul J. Kolodzy, Joseph Mitola III, Victor Zue, Jaime G. Carbonell, Stephen Squires, Joseph V. Braddock, Arthur L. Lerner-Lam, Ralph James, William L. Warren, and Regina E. Dugan.

**Soaring** Apr 29 2020

**Radar Instruction Manual** Mar 29 2020 Since 1958 the Maritime Administration has continuously conducted instructions in use of collision avoidance radar for qualified U.S. seafaring personnel and representatives of interested Federal and State Agencies. Beginning in 1963, to facilitate the expansion of training capabilities and at the same time to provide the most modern techniques in training methods, radar simulators were installed in Maritime Administration's three region schools. It soon became apparent that to properly instruct the trainees, even with the advanced equipment, a standardized up-to-date instruction manual was needed. The first manual was later revised to serve both as a classroom textbook and as an onboard reference handbook. This newly updated manual, the fourth revision, in keeping with Maritime Administration policy, has been restructured to include improved and more effective methods of plotting techniques for use in Ocean, Great Lakes, Coastwise and Inland Waters navigation. Robert J. Blackwell Assistant Secretary for Maritime Affairs

SPIN Abilities Sep 03 2020 A guide to coping with the medical, self-care, and emotional issues of spinal bifida, with an emphasis on becoming as independent as possible.

*Ageing and Nutrition through Lifespan* Aug 26 2022 Population is ageing at an unprecedented speed globally. As concept, ageing is considered a continuous process starting from birth and is accompanied by various physiological changes and a number of chronic diseases that affect health and quality of life. Ageing as a continuous process is depending on life course exposures to health risks, lifestyle and nutrition, socioeconomic background, and other factors. There is considerable interest among scientists regarding the direct and indirect effect of nutrition in optimal ageing. Nutrition has a beneficial effect in a variety of chronic disease that impact the process of ageing. Given the importance of this issue, the journal *Nutrients* is planning a Special Issue on "Ageing and Nutrition through Lifespan" with the aim of providing a source for accurate, up-to-date scientific information on this topic. We invite you and your co-workers to consider submission of your original research findings or a review article on the topic. Manuscripts should focus on the direct impact of specific food components, dietary patterns, energy intake, macro-, micro- nutrients, alcohol intake, food insecurity as well as malnourishment and appetite to the ageing process (healthy, active, successful ageing, frailty and other similar indices) across lifespan. In a similar way, we also welcome manuscripts that focus on the indirect effect of nutrition to the ageing process throughout the pathway of chronic disease (i.e., obesity, diabetes, depression and mental diseases).

Evaluación TIC en el patrimonio cultural: metodologías y estudio de casos Apr 10 2021 A medida que las TIC se incorporan al patrimonio, surge la duda de si éstas se utilizan convenientemente para el fin que han sido creadas. En nuestro caso, gran parte de las aplicaciones TIC se han desarrollado para mejorar la comunicación con los visitantes. Ahora bien, ¿realmente el público reconoce esta nueva experiencia? La evaluación de las TIC en entornos patrimoniales es una disciplina distinta a los estudios de público clásicos incluye aspectos de ingeniería (p.e. utilidad, usabilidad, accesibilidad, confort), de didáctica y de comunicación.

*Radio Frequency and Microwave Electronics Illustrated* Jan 27 2020 Foreword by Dr. Asad Madni, C. Eng., Fellow IEEE, Fellow IEE Learn the fundamentals of RF and microwave electronics visually, using many thoroughly tested, practical examples RF and microwave technology are essential throughout industry and to a world of new applications-in wireless communications, in Direct Broadcast TV, in Global Positioning System (GPS), in healthcare, medical and many other sciences. Whether you're seeking to strengthen your skills or enter the field for the first time, *Radio Frequency and Microwave Electronics Illustrated* is the fastest way to master every key measurement, electronic, and design principle you need to be effective. Dr. Matthew Radmanesh uses easy mathematics and a highly graphical approach with scores of examples to bring about a total comprehension of the subject. Along the way, he clearly introduces everything from wave propagation to impedance matching in transmission line circuits, microwave linear amplifiers to hard-core nonlinear active circuit design in Microwave Integrated Circuits (MICs). Coverage includes: A scientific framework for learning RF and microwaves easily and effectively Fundamental RF and microwave concepts and their applications The characterization of two-port networks at RF and microwaves using S-parameters Use of the Smith Chart to simplify analysis of complex design problems Key design considerations for microwave amplifiers: stability, gain, and noise Workable considerations in the design of practical active circuits: amplifiers, oscillators, frequency converters, control circuits RF and Microwave Integrated Circuits (MICs) Novel use of "live math" in circuit analysis and design Dr. Radmanesh has drawn upon his many years of practical experience in the microwave industry and educational arena to introduce an exceptionally wide range of practical concepts and design methodology and techniques in the most comprehensible fashion. Applications include small-signal, narrow-band, low noise, broadband and multistage transistor

amplifiers; large signal/high power amplifiers; microwave transistor oscillators, negative-resistance circuits, microwave mixers, rectifiers and detectors, switches, phase shifters and attenuators. The book is intended to provide a workable knowledge and intuitive understanding of RF and microwave electronic circuit design. Radio Frequency and Microwave Electronics Illustrated includes a comprehensive glossary, plus appendices covering key symbols, physical constants, mathematical identities/formulas, classical laws of electricity and magnetism, Computer-Aided-Design (CAD) examples and more. About the Web Site The accompanying web site has an "E-Book" containing actual design examples and methodology from the text, in Microsoft Excel environment, where files can easily be manipulated with fresh data for a new design.

*Human-Computer Interaction. Novel Interaction Methods and Techniques* Dec 30 2022 The 13th International Conference on Human-Computer Interaction, HCI International 2009, was held in San Diego, California, USA, July 19–24, 2009, jointly with the Symposium on Human Interface (Japan) 2009, the 8th International Conference on Engineering Psychology and Cognitive Ergonomics, the 5th International Conference on Universal Access in Human-Computer Interaction, the Third International Conference on Virtual and Mixed Reality, the Third International Conference on Internationalization, Design and Global Development, the Third International Conference on Online Communities and Social Computing, the 5th International Conference on Augmented Cognition, the Second International Conference on Digital Human Modeling, and the First International Conference on Human Centered Design. A total of 4,348 individuals from academia, research institutes, industry and governmental agencies from 73 countries submitted contributions, and 1,397 papers that were judged to be of high scientific quality were included in the program. These papers address the latest research and development efforts and highlight the human aspects of design and use of computing systems. The papers accepted for presentation thoroughly cover the entire field of human-computer interaction, addressing major advances in the knowledge and effective use of computers in a variety of application areas.

*Nutrition for Gestational Diabetes* Oct 16 2021 Gestational diabetes mellitus (GDM) is one of the most common adverse medical conditions that occurs during pregnancy, and its prevalence is rising as part of a diabetes pandemic. Nutrition plays a key role in GDM, whether (1) as part of an 'unhealthy' diet, which contributes to its cause, or (2) as part of changes in dietary intake, which act as the frontline treatment for GDM (sometimes supplemented with exercise and pharmacological intervention). Dietary changes, therefore, can alter the risk of developing GDM in the first place, and once GDM has emerged during pregnancy, dietary changes can mitigate the risk of developing GDM-related complications, such as macrosomia, respiratory distress, hypoglycemia and jaundice in the neonate, pre eclampsia, increased need for caesarean section and placental abruption in the mother. In this Special Issue, we aim to highlight the role of nutrition in the aetiology of GDM, whether directly or indirectly through weight gain and obesity, and in its role as a GDM treatment to lower hyperglycemia and the risk of the aforementioned complications.

*Essentials of Exercise Physiology* Oct 24 2019 Fully revised and updated, this Third Edition provides excellent coverage of the fundamentals of exercise physiology, integrating scientific and clinical information on nutrition, energy transfer, and exercise training. The book is lavishly illustrated with full-color graphics and photos and includes real-life cases, laboratory-type activities, and practical problem-solving questions. This edition has an Integrated Workbook in the margins that reinforces concepts, presents activities to test knowledge, and aids students in taking notes. An accompanying CD-ROM contains multiple-choice and true/false questions to help students prepare for exams. LiveAdvise online faculty support and student tutoring services

are available free with the text.

**The Symbian OS Architecture Sourcebook** Aug 14 2021 The current Symbian Press list focuses very much on the small scale features of Symbian OS in a programming context. The Architecture Sourcebook is different. It's not a how-to book, it's a 'what and why' book. And because it names names as it unwinds the design decisions which have shaped the OS, it is also a 'who' book. It will show where the OS came from, how it has evolved to be what it is, and provide a simple model for understanding what it is, how it is put together, and how to interface to it and work with it. It will also show why design decision were made, and will bring those decisions to life in the words of Symbian's key architects and developers, giving an insider feel to the book as it weaves the "inside story" around the architectural presentation. The book will describe the OS architecture in terms of the Symbian system model. It will show how the model breaks down the system into parts, what role the parts play in the system, how the parts are architected, what motivates their design, and how the design has evolved through the different releases of the system. Key system concepts will be described; design patterns will be explored and related to those from other operating systems. The unique features of Symbian OS will be highlighted and their motivation and evolution traced and described. The book will include a substantial reference section itemising the OS and its toolkit at component level and providing a reference entry for each component.

**The LTE / SAE Deployment Handbook** Mar 09 2021 Describing the essential aspects that need to be considered during the deployment and operational phases of 3GPP LTE/SAE networks, this book gives a complete picture of LTE systems, as well as providing many examples from operational networks. It demystifies the structure, functioning, planning and measurements of both the radio and core aspects of the evolved 3G system. The content includes an overview of the LTE/SAE environment, architectural and functional descriptions of the radio and core network, functionality of the LTE applications, international roaming principles, security solutions and network measurement methods. In addition, this book gives essential guidelines and recommendations about the transition from earlier mobile communications systems towards the LTE/SAE era and the next generation of LTE, LTE-Advanced. The book is especially suitable for the operators that face new challenges in the planning and deployment phases of LTE/SAE, and is also useful for network vendors, service providers, telecommunications consultancy companies and technical institutes as it provides practical information about the realities of the system. Presents the complete end-to-end planning and measurement guidelines for the realistic deployment of networks Explains the essential and realistic aspects of commercial LTE systems as well as the future possibilities An essential tool during the development of transition strategies from other network solutions towards LTE/SAE Contains real-world case studies and examples to help readers understand the practical side of the system

**The British National Bibliography** Jul 13 2021

**Osteochondral Tissue Engineering** Jul 01 2020 This book covers the most recent developments in the field of osteochondral tissue engineering (OCTE) and covers in detail the concepts and current challenges for bone and cartilage repair and regeneration. Specific topics include viscosupplementation, biologicals, tissue engineering approaches, in vitro and in vivo models, and technological advances with stem cells, bioreactors, and microfluidics. Osteochondral Tissue Engineering: Challenges, Current Strategies, and Technological Advances presents challenges and strategies in the field of osteochondral regeneration and serves as a core reference for biomedical engineering students and a wide range of established researchers and professionals working in orthopedics.

**CompTIA A+ Complete Study Guide** Nov 05 2020 All-in-one guide prepares you for CompTIA's new A+ Certification Candidates aiming for CompTIA's revised, two-exam A+ Certified Track

will find everything they need in this value-packed book. Prepare for the required exam, CompTIA A+ Essentials (220-601), as well as your choice of one of three additional exams focusing on specific job roles--IT Technician (220-602), Remote Support Technician (220-603), or Depot Technician (220-604). This in-depth book prepares you for any or all four exams, with full coverage of all exam objectives. Inside, you'll find: Comprehensive coverage of all exam objectives for all four exams in a systematic approach, so you can be confident you're getting the instruction you need Hand-on exercises to reinforce critical skills Real-world scenarios that show you life beyond the classroom and put what you've learned in the context of actual job roles Challenging review questions in each chapter to prepare you for exam day Exam Essentials, a key feature at the end of each chapter that identifies critical areas you must become proficient in before taking the exams A handy fold-out that maps every official exam objective to the corresponding chapter in the book, so you can track your exam prep objective by objective Look inside for complete coverage of all exam objectives for all four CompTIA A+ exams. Featured on the CD SYBEX TEST ENGINE: Test your knowledge with advanced testing software. Includes all chapter review questions and 8 total practice exams. ELECTRONIC FLASHCARDS: Reinforce your understanding with flashcards that can run on your PC, Pocket PC, or Palm handheld. Also on CD, you'll find the entire book in searchable and printable PDF. Study anywhere, any time, and approach the exam with confidence. Visit [www.sybex.com](http://www.sybex.com) for all of your CompTIA certification needs. Note: CD-ROM/DVD and other supplementary materials are not included as part of eBook file.

**Network World** May 23 2022 For more than 20 years, Network World has been the premier provider of information, intelligence and insight for network and IT executives responsible for the digital nervous systems of large organizations. Readers are responsible for designing, implementing and managing the voice, data and video systems their companies use to support everything from business critical applications to employee collaboration and electronic commerce.

*Digital Buying Guide* 2005 Nov 17 2021 The experts at Consumer Reports provide this essential guide to everything for and about home computing and network needs.

*Primary Care Nutrition* Aug 02 2020 This book contains the necessary knowledge and tools to incorporate nutrition into primary care practice. As a practical matter, this effort is led by a dedicated primary care physician with the help of motivated registered dietitians, nurses, psychologists, physical therapists, and office staff whether within a known practice or by referral to the community. It is essential that the nutrition prescription provided by the physician be as efficient as possible. While many team members have superior knowledge in the areas of nutrition, exercise, and psychology, the health practitioner remains the focus of patient confidence in a therapy plan. Therefore, the endorsement of the plan rather than the implementation of the plan is the most important task of the physician. This book proposes a significant change in attitude of primary health care providers in terms of the power of nutrition in prevention and treatment of common disease. It features detailed and referenced information on the role of nutrition in the most common conditions encountered in primary care practice. In the past, treatment focused primarily on drugs and surgery for the treatment of disease with nutrition as an afterthought. Advanced technologies and drugs are effective for the treatment of acute disease, but many of the most common diseases such as heart disease, diabetes, and cancer are not preventable with drugs and surgery. While there is mention of prevention of heart disease, this largely relates to the use of statins with some modest discussion of a healthy diet. Similarly, prevention of type 2 diabetes is the early introduction of metformin or intensive insulin therapy.

**PC Mag** Oct 28 2022 PCMag.com is a leading authority on technology, delivering Labs-based,

independent reviews of the latest products and services. Our expert industry analysis and practical solutions help you make better buying decisions and get more from technology.

**Eating Disorders and Obesity** Nov 29 2022 Eating Disorders have traditionally been considered apart from public health concerns about increasing obesity. It is evident that these problems are, however, related in important ways. Comorbid obesity and eating disorder is increasing at a faster rate than either obesity or eating disorders alone and one in five people with obesity also presents with an Eating Disorder, commonly but not limited to Binge Eating Disorder. New disorders have emerged such as normal weight or Atypical Anorexia Nervosa. However research and practice too often occurs in parallel with a failure to understand the weight disorder spectrum and consequences of co-morbidity that then contributes to poorer outcomes for people living with a larger size and an Eating Disorder. Urgently needed are trials that will inform more effective assessment, treatment and care where body size and eating disorder symptoms are both key to the research question.

*Stroke Recovery and Rehabilitation* Apr 22 2022 A Doody's Core Title 2012 Stroke Recovery and Rehabilitation is the new gold standard comprehensive guide to the management of stroke patients. Beginning with detailed information on risk factors, epidemiology, prevention, and neurophysiology, the book details the acute and long-term treatment of all stroke-related impairments and complications. Additional sections discuss psychological issues, outcomes, community reintegration, and new research. Written by dozens of acknowledged leaders in the field, and containing hundreds of tables, graphs, and photographic images, Stroke Recovery and Rehabilitation features: The first full-length discussion of the most commonly-encountered component of neurorehabilitation Multi-specialty coverage of issues in rehabilitation, neurology, PT, OT, speech therapy, and nursing Focus on therapeutic management of stroke related impairments and complications An international perspective from dozens of foremost authorities on stroke Cutting edge, practical information on new developments and research trends Stroke Recovery and Rehabilitation is a valuable reference for clinicians and academics in rehabilitation and neurology, and professionals in all disciplines who serve the needs of stroke survivors.

**The Iran-Iraq War** Dec 26 2019 This book is a major reinterpretation of the Iran-Iraq War and is a source for reexamining the U.S. involvement in the Gulf. Pelletiere demonstrates that the war was not a standoff in which Iraq finally won a grinding war of attrition through luck, persistence, and the use of poison gas. Instead, Iraq planned the last campaign almost two years prior to its unfolding. [The Iraqis] trained extensively and expended enormous sums of money to make their effort succeed. What won for them was their superior fighting prowess and greater commitment. Gas--if it was used at all--played only a minor part in the victory.' Pelletiere concludes that the key to understanding the war is the Extraordinary Congress of the Ba'th Party held in July 1986. It was there that the initial planning for the final campaign was done, and this campaign is what decided the fate of the conflict. The study centers around the last Iraqi campaign, which Pelletiere argues was based upon World War II blitzkrieg tactics, but he also treats the background, the politics, and the history of the conflict, and analyzes the significance of the war to the Middle East and to the position of the United States there.

*Physical Activity and Health* Dec 18 2021 Promotes value of lifelong moderate exercise.

**Epidemiology of Obesity in Children and Adolescents** May 11 2021 Despite adults' best preventive efforts, childhood obesity is on the rise in most areas of the world, and with it the prevalence of Type 2 diabetes, hypertension, cardiovascular disease, and other formerly adult-onset conditions. Epidemiology of Obesity in Children and Adolescents takes the global ecological approach that is needed to understand the scope of the problem and its multiple causes and mechanisms, and to aid in developing more effective prevention and intervention programs. In the book's first half, experts present a descriptive summary of youth obesity trends in ten

world regions, broken down by age group, gender, socioeconomic status, and risk factors. Complementing these findings, part two reviews the evidence base regarding the variables, separately and in combination, having the most significant impact on young people's development of obesity, including:

- Genetic and nutrigenomic factors.
- Environmental and psychosocial factors, such as family shopping and eating habits and access to healthful foods.
- Neuroendocrine regulation.
- Prenatal and neonatal factors (e.g., gestational diabetes of the mother).
- Dietary factors, from nutrient content to young people's food preferences.
- Physical activity versus sedentary behavior.

Epidemiology of Obesity in Children and Adolescents is necessary reading for the range of professionals involved in curtailing this epidemic, including public health specialists, epidemiologists, pediatricians, nurses, nutritionists, psychologists, health educators, and policymakers.

**The 9th Symbol** Sep 15 2021 Rose is a princess, a Cinder, and half-human. She is the last one born of her kind, and on her twenty-first birthday, she must enter the woods and travel to find her Prince, as her sisters did before her. ". . . And we will all dance at the Grand Ball," her sisters would always say. But the Human servants are keeping a secret that could prevent the Cinders from reaching their Happily Ever After...Hidden in Rose's dreams and vision are the answers of the past between Cinders and Humans, and she is quickly running out of time trying to solve their hidden messages. She knows the answer lies in her first clue--identifying an animal she has never seen before--that persistent vision of a furry white animal, holding a gold metal object and exclaiming, "Oh dear! Oh dear! I shall be too late!"

**Me: a Compendium** Sep 22 2019 Inventive, hilarious and joyously colorful, this fill-in journal was designed to help kids capture nearly everything that's uniquely rad about them. With design-savvy, yet completely kid-friendly illustrations, they're asked to draw or write about a bunch of interesting things -- like what their hair looks like, what their band name would be, what they'd bring to outer space, and how they feel about lightning, lizards and pickles. There may or may not be a place for super-secret stuff inside the book jacket. Whether kids complete their entire compendium on a rainy day, or finish it over a year, it'll become a treasure to look back on and smile. Ideal for the holidays, rainy days and happy occasions of all kinds, this is an imagination-building gift will engage kids for hours on end

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